
City of Monterey Park Swimming Pool Rules

1. **No persons** may use the pool/pool deck unless lifeguards are on duty or by management's approval.
2. **No running, pushing, or rough play** allowed. Any conduct that may endanger the welfare of oneself or other patrons is prohibited.
3. All patrons (including spectators), are required to pay admission upon entering facility.
4. Admission to the pool may be denied for any of the following reasons:
 - Intoxication
 - Open sores, wounds, skin infections, and nasal or ear discharge
 - Any conditions that will jeopardize the health and safety of the patrons by the managers discretion
5. **Children over 6 years of age** cannot enter the opposite gender's locker room. (If you require special accommodations, please see a manager.)
6. **No photography**, video recording, or cell phones allowed.
7. **Diving is permitted only in the deep end and diving sections.**
8. **Managers will administer mandatory swim test to all patrons in the deep end. Persons unable to pass the swim test, must stay in chest-height water.**
9. **Children under 5 years of age or non- swimmers** must be supervised by a responsible person, who is in the water and remains within arm's reach of the child.
10. **Approved flotation devices** will be permitted in shallow water at the manager's discretion. An adult must be within arm's reach of the child. Floatation devices such as inner-tubes and arm floats are not permitted.
11. **Proper swimming attire** must be worn. No underwear, denim/jeans, basketball shorts, and spandex. Infants/children not toilet trained must wear **swim diapers** under swim attire.
12. **NO spitting, blowing of nose** into the pool or onto deck.
13. Improper public displays of affection and profanity is prohibited.
14. **Food and drinks** are **NOT** permitted on the deck. **Glass containers or breakable objects** are not permitted in the facility.
15. **All injuries** occurring within pool area or restroom must be reported to the manager on duty immediately.
16. **Smoking** is not permitted inside the pool gates.
17. **No animals** inside the pool area.
18. City of Monterey Park Aquatics Center assumes **no liability for the loss or theft** of member's personal belongings. Items left in pool area at the end of the day will be placed in the pool's lost and found.
19. **Pool manager or lifeguard** may close the entire pool complex, or any portions of the pool for safety or maintenance reason.
20. The City of Monterey Park offers **no refunds and make-ups** for swim classes.

21. **Pool managers or lifeguards** on duty has the authority to enforce these rules, and may remove any patron who violates the rules.
22. Enjoy your day at the pool!

RECREATIONAL DIVING RULES

All safety equipment, including backboard, must be on the deck before Rec Swim begins.

Be aware of all diving rules and enforce them strictly:

- **ALL** divers must have a wristband showing they have passed the required swim test.
- Divers must pass the swim test before diving, which consists of:
 - Swimming 25 yards continuously with rhythmic breathing
 - Treading water for 1 minute
- Dive straight off the board, not to the side
- One bounce only, no double bouncing
- After diving, swim straight out towards the ladder
- No handstand or cartwheel dives
- No inward or reverse dives
- No running dives
- Before diving, be sure the water in front of the diving board is clear of swimmers
- Wait at the bottom of the ladder until the previous person has jumped off the board