



The Recreation & Community Services Department staff are available to provide information on our programs, activities and events. Monday-Friday 8:00am - 5:00pm
 Phone: 626-307-1388 Email: recreation@montereypark.ca.gov
 Web: www.montereypark.ca.gov/recreation



CITY OF MONTEREY PARK Parks Make Life Better!

Spring Break Day Camp

MARCH 31 - APRIL 4

Fee: \$178 - Resident
 \$195.80 - Non-Resident
 (+ \$9 Registration Fee)

- ✓ Ages: 5-12
- ✓ Hours: 8 am - 6 pm
- ✓ Activities: Arts & Crafts, Outdoor Play, Group Games, Free Play & More!
- ✓ Location: Barnes Park Extended Day Care
 350 S. McPherrin Ave., Monterey Park, CA 91754

NOW ENROLLING!

For more information:
 (626) 307-1451
srodriguez@montereypark.ca.gov
www.montereypark.ca.gov/daycare Scan to register!

NOW HIRING! CITY OF MONTEREY PARK

LIFEGUARDS

APPLY NOW!

Scan Here

COURSE FEES \$135.00*
 *IF HIRED, CLASS FEE WILL BE REIMBURSED

American Red Cross Lifeguard Training & Certification Course
 George Elder Park Pool

Next class: March 31 - April 4, 2025
 Interviews: April 3, 2025

Contratando Salvavidas! Aplica Ahora!
 Curso de capacitación y certificación de salvavidas de la Cruz Roja Americana
 Piscina del parque George Elder

正在招聘！现在申请！
 美国红十字会救生员培训和认证课程
 乔治埃尔德公园泳池

CALL TODAY! (626) 307-1476 OR APPLY ONLINE AT
WWW.MONTEREYPARK.CA.GOV/LIFEGUARDS

CITY OF MONTEREY PARK

Farmers' Market

FARMERS' MARKET IS BACK!
THURSDAY APRIL 3, 2025
BARNES PARK

BUY LOCAL
Thursdays

Barnes Park - 350 S. McPherrin Ave
 4 pm - 9 pm
 Vendors Welcome!

For general Farmers' Market information, please visit
www.montereypark.ca.gov/farmersmarket

Greetings From

MONTEREY PARK CA.

Monterey Park Mural Project

The City of Monterey Park is creating a "Greetings from MONTEREY PARK" postcard mural. Provide your input and help shape this community art piece.

We want to understand and honor the broad range of places, people, cultures, and histories that reflect Monterey Park's diversity and complexity.

- What places do you care about?
- What places tell our story?
- What stories still need to be told?

To learn more and participate, visit: www.greetingstour.com/vote

CITY OF MONTEREY PARK
 RECREATION & COMMUNITY SERVICES

Spring Egg Hunt

NEW! Wristband Required

Early Registration Recommended

FOOD . MUSIC . GAMES . EGG HUNT . & MORE
 Barnes Park: 350 S. McPherrin Ave., Monterey Park, CA

THURSDAY, APRIL 17, 2025
4PM - 7PM



PICNIC SHELTER RENTALS

Visit www.rec.montereypark.ca.gov to reserve your next celebration in just a few minutes!
 Locations, Prices, and Rules are all online.
 For more information, call 626-307-1388



RECREATION CLASSES

Register online, by phone or in-person.

Website: www.montereypark.ca.gov/recreation In-Person: 400 W. Emerson Ave. Mon - Fri 8:00am - 5:00pm
 Recreation & Community Services 626-307-1388 * Aquatics 626-307-1476 * Picnic Shelters 626-307-1388

INDOOR CLASSES

Chinese Reading Class (5-8yrs) (Monthly-First 4 Sundays)

Mandarin Reading Adventure! Join our interactive class for children aged 5-8! Discover the job of reading through engaging worksheets, interactive games, and creative crafts. No experience needed. Embark on a captivating journey of Mandarin literacy!

Ana (Qiuting) Fan Garvey Ranch Park Community Room
 Sun 9:30am-11:00am \$128

Cardio Fitness

Get back in shape and lose weight! Low-impact aerobics & movement for 30 min combined with hand weights and exercise band 25 min, followed by 5 min stretch. Class can be done standing or sitting.

Katalina B Sierra Vista Park Community Room
 Mar 6-Apr 3 (No class 3/27) Thu 1:00pm-2:00pm \$35
 Apr 7-Apr 28 Mon 11:00am-12:00pm \$35

Dance Fitness

Join a fun, all-inclusive dance fitness class, perfect for all fitness levels! Groove to energizing music with easy-to-follow moves that can be modified for your pace. Enjoy a full-body workout in this supportive space while having fun and expressing yourself, regardless of dance experience. Ages 18+

Megan Lee Garvey Ranch Park Community Room
 Mar 5-Apr 23 Wed 6:00pm-7:00pm \$120

Laurinda's Line Dance

A variety of music from Cha Cha, Rumba, Swing, Tango, Waltz and upbeat modern. Improves memory, coordination, and builds stamina. Requirement: Must be able to adapt to LOUD music and some line dance.

Laurinda Truong Langley Center
 Apr 1- Jun 24 Tu 6:30-9:30pm \$80

Salsa Dance Class

Get in shape while having fun moving to latin rhythm. We will start with a variety of footwork by partnering dance to Latin rhythm.

Dorothy Tsu & Moses Navarro Langley Center
 Apr 6 - Jun 15 Sun 11am- 12:15pm \$120

Yoga/Chair Yoga

Stretch and strengthen joints & muscles and improve Arthritis with easy to follow yoga poses and movements. First half of class consists of standing poses. Second part of class can be done in the chair or yoga mat.

Katalina B Sierra Vista Park Community Room
 Mar 6- Apr 3 (No Class 3/27) Thu 12:00pm - 1:00pm \$35

OUTDOOR CLASSES

Breakthrough Sports Basketball Training Academy

Breakthrough Sports award-winning program to provide weekly training for youth basketball players of ALL skill levels at an affordable price. This class is for kids 6th through 8th grade. Participants will improve mechanics, basketball IQ, and most of all, confidence in a FUN environment. Curriculum designed to work on all aspects of basketball, in addition to strength building exercises.

Breakthrough Sports Sierra Vista Park - Outdoor Courts
 Session 1: Mar 10 -31
 Session 2: Apr 7 - 28
 Session 3: May 5 - 26
 Mon 5:00-6:00pm \$80
 Mon 6:00-7:00pm \$80

"MPK Minis" by Breakthrough Sports Littler Hoopers

Breakthrough Sports award-winning program to help instill basic fundamentals of basketball in a fun environment for children 3 to 5 years of age! Four one-hour sessions with each session focusing on a specific basketball fundamental (dribbling, passing, shooting, and defense).

Breakthrough Sports Sierra Vista Park - Outdoor Courts
 Mon 4:00-5:00pm \$80

OUTDOOR CLASSES

Hitting Fundamentals for Beginning to Advanced Baseball/ Fast-Pitch Softball (30-Minute Private Instruction)

Designed to teach boys/girls fundamentals of hitting. Students will get repetition by utilizing the latest tee drills, flip drills and front toss drills. Need your own bat and batting helmet. Contact instructor for times and days available.

Jay Simper 626-664-4583 La Loma Park Field - Outdoors
 8yr-18yr Private Lessons: (4 lessons total) \$134

Johnny Allen Tennis Classes

For more information and rainy-day makeup policy, please visit www.johnnyallentennis.com or call 1-844-9TENNIS (1-844-983-6647)

Mar 11 - Mar 27, 2025
 Apr 1 - Apr 17

Johnny Allen Tennis - Tiny Aces Tennis Class (3-5yrs)

This class features games that are perfectly designed to advance your child's hand-eye coordination, balance, and love for tennis. Our staff will provide a fun and positive environment for every child involved.

Johnny Allen Tennis Highlands Park
 Tue & Th 4:15pm-5pm \$78

Johnny Allen Tennis - Little Aces Tennis Class (6-8yrs)

This class will help build athletic confidence through tennis. All four major strokes will be taught - forehands, backhands, serves, and volleys. Students will be given a solid foundation, through innovative drills and games.

Johnny Allen Tennis Highlands Park
 Tue & Thu 5pm-6pm \$88

Johnny Allen Tennis - Junior Aces Tennis Class (9-12yrs)

All junior tennis players looking for improvement are welcome to play. Players will improve technique, spin, placement, balance, and movement through specially designed drills and games to help prepare students for higher level play.

Johnny Allen Tennis Highlands Park
 Tue & Thu 6pm-7pm \$88

Johnny Allen Tennis - High School Aces Tennis Class (13-17yrs)

This class is perfect for players new to the sport, or more experienced players getting ready to compete in tournaments, high school, or league tennis. Players will learn to compete through advanced strategies in singles and doubles.

Johnny Allen Tennis Highlands Park
 Tue & Thu 7pm-8pm \$88

Johnny Allen Tennis - Adult Cardio Tennis Class (18+yrs)

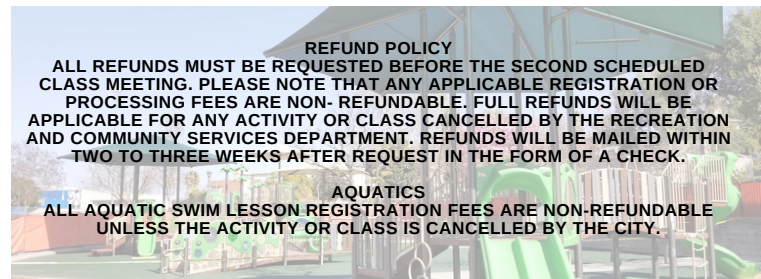
This class features tennis and a workout, all rolled into one. Specially designed to burn some calories while improving your game. Upbeat and fun music will be played during class.

Johnny Allen Tennis Highlands Park
 Tue & Thu 8pm-9pm \$88

Johnny Allen Tennis - 1 Day Tennis Camp (March 29th)

Led by our caring and professional coaching staff, this is a three-hour tennis celebration for youth players of all different ages and levels. All campers will benefit from valuable skill-building drills, fun games, and dynamic competition. This camp concludes with every camper engaged in exciting prize giveaways and an awesome on-court pizza party.

Johnny Allen Tennis George Elder Park
 Sat 9am - 12pm \$68



RECREATION CLASSES & PROGRAMS

AQUATICS CLASSES

Four classes are offered per week. Each 50 min session is considered one class. One class per week allows a student to participate in any single session offered in a given week. Two classes per week allows a student to participate in any combination of two sessions offered in a given week. Unlimited classes allows a student to participate in any/all classes offered in a given week.

One Class per week: \$85

Two Classes per week: \$125

Unlimited Classes (up to 4) per week: \$145

Shallow Water Aerobics

Shallow Water Aerobics is an effective low impact class that provides cardiovascular benefits as well as flexibility and muscular toning. Students are required to provide their own water noodle.

Margaret Nalbandian

George Elder Park Pool

Apr 29-Jul 3 (2 weeks off in May) Tue & Thu 4:15pm - 5:05pm

Deep Water Aerobics

Deep Water Aerobics is a great way to strengthen and tone muscles while building cardiovascular fitness. Students wear a buoyancy belt during class to provide flotation, alignment, and freedom of movement. Students should feel comfortable in deep water.

Margaret Nalbandian

George Elder Park Pool

Apr 29-Jul 3 (2 weeks off in May) Tue & Thu 5:15pm - 6:05pm

MARTIAL CLASSES

BLee's Kung Fu & Tai Chi (Monthly)

Self-Defense awareness course and novice kung fu skills. Classes cover learning blocking, striking, kicking, evading, and footwork. Develop skills that are with you wherever you go. Understand street smarts, personal boundaries, avoiding grabs, and precision strikes. Expert instructor with over 40+ years of experience. Ages 16+.

Location: 5423 Rosemead Blvd, San Gabriel CA 91776

3 Classes Per Week

Mon 7:15pm-8:30pm

\$109/mo

Tue/Wed/Thu 6-7:15pm

American Nippon Kenpo - 4-7yrs (Monthly)

Nippon kenpo uses self-defense techniques in striking, kicking, throwing, reverse-holds, ground combat, grappling, and judo. Balance, coordination, stretching, strengthening, and cardiovascular fitness will equip each student to reach their goals in martial arts skills.

Manuel Nunez

Barnes Park Service Club

Tue 5-5:55pm

\$34

American Nippon Kenpo - 8+yrs (Monthly)

Nippon kenpo uses self-defense techniques in striking, kicking, throwing, reverse-holds, ground combat, grappling, and judo. Balance, coordination, stretching, strengthening, and cardiovascular fitness will equip each student to reach their goals in martial arts skills.

Manuel Nunez

Barnes Park Service Club

Tue 6-6:55pm

\$34

Shotokan Karate Do (Monthly)

Shotokan Karate-Do will help students develop mobility, balance, awareness, reflexes, timing, and discipline. Promotional rankings are available. Friday class is optional. Students must verify holiday make ups with instructor. Ages 6+ years.

Richard Kageyama

Langley Center

Mon/Wed/Fri 6:30pm - 7:45pm

**\$37/month - Adult
\$35/month - Child**

Wing Chun Kung Fu - Introductory (Monthly)

Introduction to Aumei Kung Fu including the official history of Wing Chun, Desui, Chi Kung, and their philosophy in fundamental training, and applications in all ranges, long, short, grappling, rejuvenation breathing exercise, and weapons.

Tom Wong

Garvey Ranch Park Community Room

Sat 9am - 10am \$89

Wing Chun Kung Fu - Intermediate (Monthly) Resuming January 2025

Include first levels of testing and more advanced fundamental training and basic sparring.

Tom Wong

Garvey Ranch Park Community Room

Sat 10am - 11am \$89



ADULTS 50+YRS CLASSES - LANGLEY

Mature Driving Class (55+yrs)

Mature driver improvement course is designed for drivers 55 and older and provide instruction on defensive driving, California motor vehicle laws, updates on rules of the road and the effects that medication, fatigue, alcohol, visual, or auditory limitations have on a person's driving ability. Course completion certificate will be issued following class.

Monterey Park Police Department

Wed (call for exact dates) 8am - 4:30pm

Langley Center

\$1.00

Friendship Chorus (50+yrs)

Sing in a Chinese Choir group with experienced instructors for over 30 years.

Jia Fang Su

Langley Center - Friendship

Room

Apr 2 - Jun 25 Wed 10am-12pm

\$75

International Folk Dance (50+yrs)

Explore folk dances from different countries around the world. Have fun learning about new cultures and while engaging in a rhythm activity for all.

Cindy Fang Langley Center

Langley Center - Friendship Room

Apr 4 - Jun 27 Fri 9am - 12:30pm \$30

May's Tai Chi Class (50+yrs)

Learn and train in the fundamental skills of Tai Chi to improve coordination, strength, flexibility, and mental agility. Basic foundation in Tai Chi Chuan is helpful, but all levels are welcome. We will work on a variety of practices, such as Yang and Chen styles Tai Chi Chuan, Tai Chi Fan, and Health Qigong.

Sing May Chen

Langley Center - Friendship Room

Apr 5 - Jun 21 Sat 9am - 10am

\$150

Taiko Drumming

Taiko drumming will increase your strength, flexibility, stamina, and coordination in a fun and healthy way. This class does not require previous experience and will enhance your sense of rhythm and appreciation of music.

Michael Naishtut

Langley Center - Friendship Room

Mar 4-Apr 22 Tue

Beginner 9am-10am

\$120

Tue

Intermediate 10am-11am

\$120

The Dream School House Inc. (Monthly)

Join our Beginner Spanish Class, where students will learn basic vocabulary, phrases, and conversational skills to start communicating confidently in Spanish. This fun and interactive course is perfect for those with little to no prior experience. Accepting K-8th grade students.

Location: 1209 S. 7th St, Alhambra CA 91803

3 Classes per week (9 sessions) TBD

The Arte Flamenco Dance Theatre & The Center of Worlddance

This class introduces students to the fundamentals of this exciting dance form. While learning a basic flamenco dance, which includes body positions, arm, hand movements along with heel work, students will develop confidence, posture and a sense of empowerment.

Contact Arte Flamenco for dress code.

Location: 216 E. Main St., Alhambra CA 91801

10 weeks: Apr 9-Jun 10 Wed (Ages 6-12yr) 6-7pm \$140

10 weeks: Apr 12-Jun 11 Sat (Teens & Adults) 11am-12pm \$140

LANGLEY CENTER - ADULTS 50+ PROGRAMS

All activities and services for Adults 50 years and older unless otherwise noted.
 Langley Center 626-307-1395 * Dial-A-Ride 626-307-1396 * Lunch Hotline 626-307-1478
 400 West Emerson Avenue, Monterey Park CA 91754
CENTER HOURS: Monday, Wednesday & Friday 8:00am - 5:00pm and Tuesday & Thursday 8:00am - 8:00pm
 Saturday & Sunday 8:00am - 2:00pm
 Dial-A-Ride: Monday - Friday 8:00am - 4:30pm

MARCH DATES TO REMEMBER

- Mar 12 - Mature Driving Course by MPPD, 8:00am-4:00pm \$1.00
 *Ages 55+yrs old, Bring CA Drivers License, Registration required.
- Mar 17 - Commission on Aging Meeting, 11:00am
- Mar 17 - St Patrick's Day Spirit Wear, 11:00am (during lunch)
- Mar 27 - Bloom & Boogie Disco Dance, 1pm-3pm \$3.00 (Tickets required)

SENIOR LUNCH 60YR+

Langley Center Congregate In-Person Dining Monday - Friday 11:00am - 12:30pm

Join us for a hot lunch meal Monday - Friday from 11:30am - 12:15pm (except holidays or special events) in our Main Dining Room. Lunches are reserved on a **first-come, first-served basis**. The drop-in dine-in meals are open to any adult over 60+ years and older. Our daily congregating in-kind lunch meals are provided by the YWCA - San Gabriel Valley Intervale Senior Services. Any questions, please call Langley Center 626-307-1396 or YWCA San Gabriel Valley Intervale at 626-214-9456.

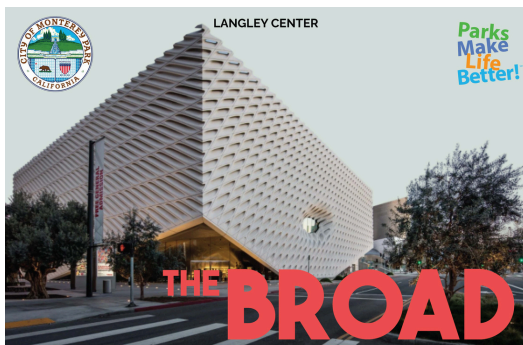
- Dine-in only. Reservations begin at 8:00am. Must have ticket with lunch served at 11:30am.
- Lunches are reserved on a first-come, first-served basis.
- Must be 60+ years or individual with permanent or temporary disability.
- Complete YWCA Intervale lunch intake application form.
- Suggested Donation \$3.00

DIAL-A-RIDE & DIAL-A-TAXI SERVICES

Dial-A-Ride is a FREE SHARED transportation service for Monterey Park Senior Residents ages 55 years or older and/or have a signed form from a physician attesting to a disability. The service provides transportation within city limits, and to medical appointments in adjacent communities within five miles.

- Residents 55+ years or individual with permanent or temporary disability must complete an application and provide proof of residency (state issued ID card or utility bill).
- One-time \$5 ID Card registration fee.

Dial-A-Taxi service is available 24hours, 7 days a week, for all Dial-A-Ride members. To schedule an appointment - call Dial-A-Taxi Dispatch at **855-305-9979** \$1.00 copay per trip.



MUSEUM TRIP DETAILS

- Thursday, April 24 - 10:00 - 2:00pm
- Check-In 9:45am (Bus departs at 10am)
- Cost - Free Admission or \$10 includes Infinity Room
 (Please see front counter for details)
- Registration begins March 3

Viaje por autobús
 Museo Broad de Los Angeles
 Jueves 24 de Abril - 10:00 am - 2:00 pm
 Check-in: 9:45 am / Autobus sale: 10:00 am
 Gratis o \$10 con entrada a exhibición especial
 (Para más información habla con personal de Langley)
 Registro comienza el 5 de marzo

兰利中心博物馆之旅
 星期四, 4月24日
 上午10:00至下午2:00
 上午9:45办理入住
 (巴士于上午10:00出发)
 费用 - 免费或10.00美元包括无限客房 (请咨询前台)
 注册从3月3日开始。

For more questions please contact
 Langley Center at 626.307.1395



FREE DROP-IN DAILY ACTIVITIES & PROGRAMS

Billiards, Ping Pong & Fitness Room
 M-W-F 8:00am - 5:00pm Tu-Th 8:00am-8:00pm

A&P Karaoke Tu 1:00pm-5:00pm
 Bridge Play Tu 12:00pm-4:00pm & Th 11:00am-4:00pm

Bunka Japanese Embroidery Sat 9:00am-11:00am
 Craft Lab Tu 9:00am-11:00am

Crochet & Knitting Tu 9:00am-11:00am
 Get Fit & Sit Exercise 2nd & 4th Th 10:00am-10:30am

Jewelry Making Support 1st&3rd W 1:30pm-3:00pm
 Joyful Karaoke Th 11:00am-3:00pm

Jennie's Line Dance M-Th-F 9:00am-10:00am
 Line Dance Tu & Th 9:00am-10:00am W & F 10:00am 11:00am

Karaoke & Dancing M 12:00pm-4:30pm
 Kimekomi Doll Making 2nd & 3rd W 12:00pm-3:00pm

Mah Jong
 M-W-F 11:00am-4:30pm

World Cultural Dance Sat 10:00am-12:00pm
 Yuen Chi Dance M-Tu-W-Th-Sat 8:00am-10:00am

CLASSES & ACTIVITIES ARE FREE & SUBJECT TO CHANGE
 CALL LANGLEY CENTER FOR MORE INFO.